BioMedica's Women's Health Summit:

Advancing lifelong clinical care and health span

Saturday 24th May 2025

Vibe Hotel Subiaco (viewing party) and livestream **7.30am – 3.35pm (viewing party) • 7.45am – 3.35pm (livestream)** All times are in Australian Western Standard Time

SYNOPSIS

One of the most significant advancements in women's health research has been a paradigm shift away from viewing women's health solely in the context of conditions affecting reproductive organs and maternity, towards one that encompasses the health of the whole woman throughout their life.

Despite the fact that women navigate a lifetime of distinct physiological, psychological, and social experiences, they have not benefitted equally from major advances in biomedical research and health care.

The BioMedica Women's Health summit brings together 8 preeminent clinicians and researchers to teach, share knowledge and experience, and empower practitioners to deliver person-centred healthcare across a woman's lifespan. Together we will share diverse perspectives, and advance clinical care for our patients.



YOUR HOST Tabitha McIntosh

Once in a blue moon, the opportunity arises to hear from a living legend. I personally couldn't

be more exhilarated to learn from the magnificent Ruth Trickey at the upcoming BioMedica Women's Health Summit in May.

The Summit's format ensures we will be inspired on various important modern-day clinical presentations for women, including the intersection of environmental medicine and midlife health, ageing well, skin health, lifestyle medicine and more. I look forward to seeing you there.

Tabitha

KEY LEARNING OUTCOMES

- » Learn from highly accomplished and experienced clinicians across a diverse range of scenarios, providing tangible insights for your clinical practice
- » Identify emerging evidence-based insights in women's health and recognise the health challenges faced by women during midlife, menopause and post-menopause
- » Recognise clinical features of cardiovascular disease in women and understand how to advocate for better heart health for women
- » An understanding of the common experiences of many autistic women and girls, including misdiagnosis, missed diagnosis, and co-occurring health conditions

- » Understand the foundations for treatment and a hierarchical treatment framework to optimise clinical success in the management of female adult acne
- » Analyse current research into the impact of endocrine disrupting chemicals on health outcomes for mid-life women, including effects on menopause, cardiovascular disease, and cancer incidence
- Understand the benefits of a prescriptive approach to lifestyle medicine for ageing well and to support the naturopathic prescription

TOPICS AND SPEAKERS

BioMedica is proud to bring together 8 leading national and international speakers in the field of women's health and natural medicine.



Ruth Trickey Observations and insights: 50+ years of healthcare



Asha Evertsz Hierarchy of treatment: A practical, clinical framework for treatment of female adult acne



Michelle Boyd Research-based insights into women's mid-life health



Jane Hutchens Hidden in plain sight: The story of women and heart disease



Monica Doherty CAM support for autistic women and girls



Tamara Dickson

Environmental chemicals and health outcomes: from mid-life and beyond – 2 PARTS



Despina Kamper Ageing well: Integrating lifestyle medicine into the naturopathic prescription

Read full speakers' biographies, agenda and session synopses at biomedica.com.au/summit

YOUR INVESTMENT INCLUDES:

- » 7 high impact sessions from highly regarded speakers on clinically relevant women's health topics
- » Summit handout and educational resources
- » Key strategies to immediately implement in clinic
- » Networking opportunities with peers and summit presenters (in-person)
- » Welcome tea and coffee, light morning tea and lunch (in-person)
- » Exclusive summit offers
- » Full summit video recordings
- » CPE : 7.5 learning hours

EARLY BIRD

Perth viewing party: **\$177** Livestream: **\$147** Closes midnight 31st March 25 (AEST)

STANDARD

Perth viewing party: **\$260** Livestream: **\$210** From 1st April 25

STUDENTS

Students are eligible for **a 20% discount** on summit price

All prices include GST

TO SECURE YOUR PLACE:



Purchase in-person (limited spots available) summit tickets, or livestream access at **biomedica.com.au/summit**, email questions to events@biomedica.com.au

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